

# Tips for Presenters: What to Wear

## General

- Unless otherwise advised, business attire is recommended
- Suits should be comfortable when buttoned up
- Dresses should have a place to attach a microphone
- Lighter weight, natural materials will help you stay cool under television lights

### Do's

- Dark blues, greys for men's suits
- Bright or muted colors for women's suits and dresses
- Blue, white, pastels for shirts/ blouses

### Don'ts

- Greens (even small amounts)
- All-black or all-white (suits or dresses)

## Plaids and Patterns

### Do's

- Subtle geometric patterns on accent pieces

### Don'ts

- Checks or plaids on suits or dresses
- Strong geometric patterns on accent pieces

## Jewelry

### Do's

- Small amounts

### Don'ts

- Bracelets or clunky watches
- Long necklaces, chains
- Large or dangly earrings

## Make-up

### Do's

- Your standard make-up
- Powder for shiny spots (forehead etc.)